



# Seaham Trinity Primary School

Article 3 – The best interests of the child must be the top priority in all decisions and actions that affect children.



## Year 1 - Curriculum Overview 2025-2026

	Autumn		Spring	Summer
<b>Maths</b>	Place Value (within 10) Addition and Subtraction (within 10) Shape		Place Value (within 20) Addition and Subtraction (within 20) Place Value (within 50) Length and Height Mass and Volume	Multiplication and Division Fractions Position and Direction Place Value (within 100) Money Time
<b>English</b>	Phonics – Year 1 will have daily phonics lessons, learning new sounds and practise reading them in both real and pseudo words (nonsense/alien words). Daily phonics sessions incorporate writing of the sound and simple sentences to apply their phonics knowledge into their writing. English – Alongside phonics, Year 1 will have a separate English lesson in class a few times a week. Lessons are often based around a class novel to make it meaningful to them.			
<b>Science</b>	<b>Seasonal changes</b> What is it like in each season? <b>Everyday Materials</b> What are the things I use made from?		<b>Animals including Humans</b> Do animals all have the same parts?	<b>Plants</b> What ways can I identify a plant?
<b>Art and Design</b>	Self Portraits – Whole School Focus Cauliflower Cards	<b>Focus:</b> Drawing and Mark Making Self Portraits Giuseppe Arcimboldo Christmas craft - stained glass collage	<b>Focus:</b> Painting using large watercolours and poster paint Colour wheel Primary and Secondary colours Lowry figure painting Paul Klee	<b>Focus:</b> Collage and Printing 2D and 3D Collage under the sea Sea creatures
<b>Computing</b>	<ul style="list-style-type: none"> <li>Technology around us (Unit 1)</li> <li>Health Well Being and Lifestyle</li> <li>Online Bullying</li> </ul>		<ul style="list-style-type: none"> <li>Programming A – Moving a Robot (Unit 3)</li> <li>Self-Image and Identity</li> <li>Data and Information – Grouping Data (Unit 4)</li> <li>Online Reputation</li> <li>Privacy and Security</li> </ul>	<ul style="list-style-type: none"> <li>Online Relationships</li> <li>Programming B – Animations (Unit 6)</li> <li>Managing Online Information</li> </ul>
<b>Design Technology</b>	<b>Structures: Freestanding structures- homes</b> Product outcome: To design, make and evaluate a home		<b>Cooking and Nutrition: Preparing fruit and vegetables- fruit smoothie</b> Product outcome: To design, make and evaluate a fruit smoothie	<b>Mechanisms: Sliders and levers</b> Product outcome: To design, make and evaluate a card
<b>Geography</b>	What is my place like?		What are the features of Seaham?	How is Seaham different to Pointe-A-Pierre?
<b>History</b>	<b>Local Curriculum Study:</b> What can we learn about the Port of Seaham?	What is the history of our school?	How has shopping changed in our local area?	What can we learn from the George Elmy life boat disaster?

<b>Music</b>	Hey You! Rhythm in the way we walk and Banana Rap		In the Groove Round and Round		Your Imagination Reflect, Rewind and Replay	
<b>PE</b>	1. Rolla Ball (Games Activity) 2. Multi-Skills (Static Balancing)	1. Moving Along (Dance) 2. Making Shapes (Gymnastics)	1. Themes & Dreams (Dance) 2. Assessment Level 1 – Apparatus (Gymnastics)	1. 10 Point Hoops (Games Activities) 2. Where are we going?	1. Bean Bag Throw (Games Activity) 2. Multi-Skills (Vertical jump, leap and hopping)	1. Off, up and away (Athletics) 2. Multi-Skills (Throwing – overarm, underarm)
<b>PSHE and RSE</b>	<p><b>Belonging to a community:</b> What rules are; caring for others' needs; looking after the environment</p> <p><b>Families and Friendships:</b> Roles of different people; families; feeling cared for</p> <p><b>Respecting ourselves and others:</b> How behaviour affects others; being polite and respectful</p>		<p><b>Safe Relationships:</b> Recognising privacy; staying safe; seeking permission. Age-appropriate consent</p> <p><b>Media Literacy and Digital Resilience:</b> Using the internet and digital devices. Communicating online</p> <p><b>Physical Health and Mental Wellbeing:</b> Keeping healthy; food and exercise, hygiene routines; sun safety</p>		<p><b>Money and Work:</b> Strengths and interests; jobs in the community</p> <p><b>Growing and Changing:</b> Recognising what makes them unique and special; feelings; managing when things go wrong</p> <p><b>Keeping Safe:</b> How rules and age restrictions help us; keeping safe online, tv programmes etc; beach/water safety.</p>	
<b>RE</b>	What can we learn about Christianity from visiting a church?  What do Christians believe about God?	Why are gifts given at Christmas?	Why is Jesus special to Christians?	What is the Easter story?	What can we find out about Buddha?	