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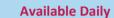
A FORCE FOR FOOD!

Taylor Shaw Seeing food differently

Autumn/Winter 2021 Menu - Week One

Seaham Trinity Primary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausage (v) with Creamed Potato	Pasta Bolognese with Garlic Dough Balls	Roast Chicken with Yorkshire Pudding, Roast Potatoes and Gravy	Chicken Korma with Wholegrain Rice	Lightly Battered Fish and Chips with Tomato Sauce
Chicken Goujons with Baked Jacket Wedges and Garlic Dip	Cheese and Onion Quiche (v) with Baked New Potatoes	Macaroni Cheese (v) with Crispy Croutons	Two Cheese Pizza (v) with Half Jacket Potato	Chilli Taco (v) with Chips
Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of grated Cheddar Cheese	Freshly made sandwich with a filling of Tuna Mayonnaise	Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of grated Cheddar Cheese
Sweetcorn Green Beans Fresh Salad Selection	Sliced Carrots Sweet Garden Peas Fresh Salad Selection	Mixed Vegetables Swede Fresh Salad Selection	Broccoli Florets Sweetcorn Fresh Salad Selection	Baked Beans Sweet Garden Peas Fresh Salad Selection
Lemon Drizzle Drops	Feathered Jam Sponge with Custard			Raspberry Bun with Fruit Slices



Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts. Drinking water will be served with every meal.





Autumn/Winter	2021	Menu	- Week	Three
Seaham Tr	inity F	rimary	School	

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mince Pie with New Potatoes and Gravy	Creamy Chicken Curry with Wholegrain Rice	Roast Pork Loin with Roast Potatoes, Apple Sauce and Gravy	Mince and Dumplings with Creamed Potato	Lightly Battered Fish and Chips with Tomato Sauce
Cheesy Pasta Bake (v)	Wholemeal Cheese and Tomato Pizza (v) with Baked Jacket Wedges	Pasta Bolognese (v)	Baked Omelette (v) with Creamed Potato	Sausage in a Bun (v) with Chips and Tomato Sauce
Freshly made sandwich with a filling of grated Cheddar Cheese	Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of Tuna Mayonnaise	Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of grated Cheddar Cheese
Sliced Carrots Sweet Garden Peas Fresh Salad Selection	Sweetcorn Broccoli Florets Fresh Salad Selection	Mixed Vegetables Cabbage Fresh Salad Selection	Sliced Carrots Green Beans Fresh Salad Selection	Sweet Garden Peas Baked Beans Fresh Salad Selection
Chocolate Sponge with Chocolate Sauce	Vanilla Cookie with Apple Slices	Cornflake Tart with Custard	Chocolate Orange Crunch with Orange Wedge	Rice Pudding with Jam Sauce



Drinking water will be served with every meal.









Autumn/Winter 2021 Menu - Week Two

Seaham Trinity Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Toad in the Hole with Baked New Potatoes	Mince Pie with Creamed Potato and Gravy	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Mince and Dumplings with Creamed Potato	Fish Fingers with Chips and Tomato Sauce
	Lasagne (v)	Spanish Omelette or Plain Omelette (v) with Peppers and Potatoes	Margarita Pizza (v) with Roast Potatoes	Meatball Pasta(v)	Tuna or Cheese Melt (v) with Chips
	Freshly made sandwich with a filling of grated Cheddar Cheese	Freshly made sandwich with a filling of Tuna Mayonnaise	Freshly made sandwich with a filling of Ham	Freshly made sandwich with a filling of grated Cheddar Cheese	Freshly made sandwich with a filling of Egg and Cress
	Cauliflower Florets Sweet Garden Peas Fresh Salad Selection	Green Beans Sliced Carrots Fresh Salad Selection	Swede Broccoli Florets Fresh Salad Selection	Sliced Carrots Sweetcorn Fresh Salad Selection	Sweet Garden Peas Baked Beans Fresh Salad Selection
	Fruit Flapjack with Custard	Sticky Toffee Pudding with Custard	Chocolate Fudge Cake	Lemon Sponge with Custard	Chocolate Cookie with Sliced Orange



Salad Selection, Fresh Bread Selection, Fresh Fruit and Yoghurts. Drinking water will be served with every meal.







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CLASS:



